

# GYC Safety Regulations

## 2010

### **Yachts**

All yachts racing within 15 miles of St.Peter Port, shall comply with ISAF Offshore Special Regulations Category 4 (see note 1 below), except as follows:

- 1) Dayboats (*a Dayboat is defined as a boat which cannot meet all the requirements of OSR Category 4 and is designated by a "D" on its IRC certificate*). When racing within 15 miles of St.Peter Port, Dayboats shall:-
  - a) comply with the safety requirements in their respective class rules,  
AND
  - b) comply with IRC rule 24.3 (see note 2 below),  
AND
  - c) carry a VHF radio capable of receiving and transmitting on channels 16 and 37, navigation lights, relevant chart(s) of the sailing area, a waterproof first aid kit, foghorn, radar reflector and an effective means to quickly disconnect or sever the standing rigging from the hull (see note 1 below).
- 2) Any yacht, other than a Dayboat, which cannot comply with OSR Category 4, may apply in writing to the Sailing Committee for exemption from that part of OSR Category 4 with which she cannot comply.

In addition, when racing more than 15 miles from St. Peter Port, all yachts, including Dayboats, shall carry a liferaft capable of carrying all the crew in safety, or positive buoyancy.

Note: Liferaft servicing must be up to date and flares must be within their expiry time.

Any yacht may be inspected, without notice, by the Safety Officer or other member of the Sailing Committee and if found not to comply fully with these regulations may be refused permission to race, or not given results, until all defects have been remedied.

Notes for clarification:

- 1) "an effective means to quickly disconnect or sever the standing rigging from the hull" does not necessarily mean bolt cutters. For example - tools sufficient to quickly undo bottle screws will be sufficient.
- 2) Dayboat IRC rule 24.3.5 – "life jacket" may be substituted with "adequate personal flotation device".

### **Dinghies**

All class dinghies and catamarans must conform with their class buoyancy requirements. All non-class dinghies and catamarans must be certified by the safety officer of the Sailing Committee as being seaworthy and suitably equipped.

All dinghies and catamarans must carry a tow rope and at least one suitable paddle.

Practical buoyancy checks may be carried out at any time, without notice, by the Safety Officer or any member of the Sailing Committee.

Important requirement – All trapeze or hiking harnesses shall have a device that can quickly release the competitor from the boat at any time while in use.