



GUERNSEY YACHT CLUB

FOUNDED 1890

Junior Section

HELPFUL GUIDANCE FOR PARENTS

CLOTHING

It can get very cold on the water even if the sun is shining and it is warm on the shore. A breeze on wet sailors will quickly chill them. It is therefore very important that they are dressed properly for the conditions. It is a requirement that all sailors wear buoyancy aids whilst they are on the water and on the slip. Suitable footwear must be worn at all times (no bare feet). It is also a good idea to wear a hat if the weather is cold, as this will keep them much warmer. If at any time the instructors think that any sailor is under dressed for the conditions they will suggest that the sailors find something else to wear, or stop them sailing for that session. This is for their own safety. Please also don't forget the sun cream. Even in the shoulder months its very easy for the children to get sun burnt on the water.

SESSION TIMES

Please ensure that you are rigged and ready to start each session promptly. Sailors sign in and out on the top of the slipway either through a sign in sheet or a tally board. For the tally board your sailor will be assigned a number of the season. We will assume that parents can be contacted on the mobile/home numbers completed on the registration form. It is important inform the slipway person if there is a temporary change.

PARENTAL HELP

Parents run GYC junior sail and race training for GYC members and future members. It is entirely voluntary and the charges made are to cover running costs. We need all parents to assist, at least occasionally. Even if you have no boating experience but are keen to be involved please let us know. A rota will be drawn up with duties spread amongst all parents, which mainly involve helping on the slipway or on a guard boat. If you are not familiar with the tasks required of you then they will be explained to you on the day. Please also look at the guidance for those helping document as well as the short overview below.

It may sometimes be necessary to have help from parents in the boats at the last minute so please come to the Yacht Club prepared so that you are able to step in at the last moment.

SLIPWAY DUTIES – YOU WILL GET WET!!

If you are allocated on the rota as a slipway person you will get wet, so please come dressed appropriately with a change of clothes if case of need. Further details about this duty can be found in the document "Guidance for those helping with junior sailing"

GUARD BOAT DUTIES

Some of you will also be helping on the guard boats. It would be appreciated if you could turn up for the safety boat briefing which is usually 15 minutes before the sailor rigged and ready time for each session. Please help to get the guard boats ready and launched. Further details about this duty can be found in the document "Guidance for those helping with junior sailing"



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SWIMMING

Please do not allow children to swim from the slipway or jump from the wall until all boats, including rescue boats, have been recovered. Any child swimming or jumping from the wall does so entirely at their own risk. The instructors and rescue boat crews responsibility for them ends as soon as the children are ashore with their boats.

COMMUNICATIONS

All changes to the programme and further information on Regattas etc will be sent to you by email. E-mails will be sent as open e-mails to all parents and/or noted on the GYC website. Please regularly check the web site for information. **If you do not wish others to know your e-mail address please let us know.**

VERY BAD CONDITIONS

If the weather conditions are too bad to go sailing on the sea there may be sailing on the Model Yacht pond, or if this is not possible there may be theory sessions in the classroom. The sessions in the classroom will probably be slightly shorter, but the instructor will let you know times. Please come down to the GYC prepared to sail and with a note book and pen should we have a theory session.

Remember the safety of everyone on the water is paramount. Anyone ignoring safety instructions puts others at risk.

If you have any other queries about the training please e mail me at c_ntanguy@msn.com or call me on 237560 and I will ensure that someone responds to you.

Regards

Nikki