

BRONZE / RYA STAGE 1

PRACTICAL
RIGGING:
CAN ASSIST WITH RIGGING A BOAT
LAUNCHING AND RECOVERY:
CAN LAUNCH A DINGHY AND GET UNDERWAY WITH INSTRUCTION
CAN SECURE A BOAT TO A TROLLEY
CAN ASSIST WITH RECOVERY AND STOWAGE OF DINGHY AND GEAR
ROPEWORK:
CAN TIE A FIGURE OF EIGHT AND CLEAT A HALYARD
SAILING TECHNIQUES AND MANOEUVRES:
CAN BE A RESPONSIVE CREW UNDER INSTRUCTION*
CAN STEER WHEN SAILING AND BEING TOWED
CAN STEER ON A REACH AND GO ABOUT (REACH TO REACH)
UNDERSTANDS THE EFFECT OF BASIC BOAT CONTROLS
UNDERSTANDS THE BASIC PRINCIPLES OF STOPPING, CONTROLLING SPEED AND GETTING OUT OF IRONS
CAN PADDLE OR ROW (WITH SPRIT, PADDLE OR OARS)
CAN CALL FOR ASSISTANCE
CLOTHING AND EQUIPMENT:
CAN PUT ON PERSONAL BUOYANCY CORRECTLY
IS CONFIDENT IN THE WATER WEARING PERSONAL BUOYANCY
CAPSIZE RECOVERY:
UNDERSTANDS THE IMPORTANCE OF STAYING WITH THE BOAT
SAILING BACKGROUND:
CAN NAME BASIC PARTS OF THE BOAT (I.E. HULL, MAST, RUDDER, TILLER, CENTREBOARD, SHEETS ETC.)
UNDERSTANDS WHAT ACTION TO TAKE TO HELP THOSE IN DISTRESS
UNDERSTANDS LOCAL HAZARDS
UNDERSTANDS HOW TO PREPARE FOR A TOW
CLOTHING AND EQUIPMENT:
UNDERSTANDS PERSONAL SAFETY – AND KNOWS WHAT TO WEAR FOR SAILING (INCLUDING HEAD AND FOOTWEAR)
METEOROLOGY:
HAS KNOWLEDGE OF WIND DIRECTION

SILVER / RYA STAGE 2

PRACTICAL
RIGGING:
CAN PUT A BOAT HEAD TO WIND FOR RIGGING
CAN RIG A DINGHY
LAUNCHING AND RECOVERY:
UNDERSTANDS HOW TO MANOEUVRE A TROLLEY CLEAR OF OTHER BOATS AND OVERHEAD CABLES
CAN LAUNCH AND RECOVER A SMALL DINGHY IN AN OFFSHORE WIND
ROPEWORK:
CAN TIE A ROUND TURN AND TWO HALF HITCHES
CAN TIE A REEF KNOT
SAILING TECHNIQUES AND MANOEUVRES:
CAN CONTROL SPEED AND STOP BY LYING TO
CAN GET OUT OF IRONS
CAN GO ABOUT (CLOSE REACH TO CLOSE REACH)
CAN SAIL A SHALLOW TRIANGLE ACROSS THE WIND UNDER SUPERVISION (GYBING OPTIONAL)
UNDERSTANDS THE PRINCIPLES OF:
THE FIVE ESSENTIALS
RETURNING TO A BEACH OR PONTOON (OFFSHORE WIND)
CAPSIZE RECOVERY:
CAN RIGHT ONE TYPE OF DINGHY
SAILING BACKGROUND
SAILING MANOEUVRES:
UNDERSTANDS THE NO GO ZONE
UNDERSTANDS WHAT IS MEANT BY WINDWARD
UNDERSTANDS WHAT IS MEANT BY LEEWARD
UNDERSTANDS WHAT IS MEANT BY GYBE
GENERAL – HAS KNOWLEDGE OF:
SPARS AND RIGGING
PARTS OF THE SAIL
SAIL CONTROLS AND FOILS
OFFSHORE AND ONSHORE WINDS
TELLING SOMEONE ASHORE
THE DANGERS OF MAN-MADE HAZARDS EG OVERHEAD POWER LINES, WEIRS
RULES OF THE ROAD:
HAS KNOWLEDGE OF PORT/STARBOARD RULE
METEOROLOGY:
UNDERSTANDS SEVERAL WAYS OF FINDING WIND DIRECTION
CLOTHING AND EQUIPMENT:
CAN CHOOSE AND CORRECTLY ADJUST A PERSONAL BUOYANCY AID
UNDERSTANDS WHAT TO WEAR

GOLD - BUCCANEERS / RYA STAGE 3

PRACTICAL
RIGGING, LAUNCHING AND RECOVERY:
CAN RIG, LAUNCH AND RECOVER IN AN ONSHORE WIND
CAN REEF A DINGHY ASHORE ACCORDING TO WEATHER CONDITIONS
CAN STORE A DINGHY ASHORE
ROPEWORK:
CAN TIE A BOWLINE
CAN TIE A CLOVE HITCH
CAN TIE A ROLLING HITCH
SAILING TECHNIQUES AND MANOEUVRES. CAN DEMONSTRATE THE BASIC PRINCIPLES OF THE FOLLOWING:
THE FIVE ESSENTIALS:
SAIL SETTING
BALANCE
TRIM
CENTREBOARD
COURSE MADE GOOD
SAILING ON ALL POINTS OF SAILING ON A TRIANGULAR COURSE
TACKING UPWIND
GYBING FROM A TRAINING RUN
RIGHTING A SMALL CAPSIZED AS HELM / CREW
COMING ALONGSIDE A MOORED BOAT
PREPARE FOR / TAKE UP A TOW FROM A POWER CRAFT
PICKING UP A MOORING
RACING
UNDERSTANDS THE COURSE AND STARTING PROCEDURE
SAILING BACKGROUND:
MANOEUVRES
UNDERSTANDS HOW TO RECOVER A MAN OVERBOARD
UNDERSTANDS THE POINTS OF SAILING
GENERAL
UNDERSTANDS HOW A SAIL WORKS – BASIC AERODYNAMICS
KNOWS BASIC TERMINOLOGY FOR USE AFLOAT (WINDWARD, LEEWARD, BEAR AWAY, LUFF UP)
UNDERSTANDS LEE SHORE DANGERS
UNDERSTANDS ABOUT SAILING IN CLOSE COMPANY WITH OTHER WATER USERS
CAN ADVISE INLAND SAILORS FOR COASTAL SAILING
KNOWS THE IMPORTANCE OF PERSONAL SAFETY AND TELLING SOMEONE ASHORE
UNDERSTANDS THE DANGERS OF HYPOTHERMIA AND THE IMPORTANCE OF FIRST AID TRAINING
RULES OF THE ROAD:
KNOWS THE BASIC RULES OF THE ROAD:
PORT / STARBOARD
WINDWARD BOAT
OVERTAKING BOAT
METEOROLOGY:
KNOWS HOW TO OBTAIN A WEATHER FORECAST
UNDERSTANDS BEAUFRT WIND SCALE
KNOWS WHEN TO REEF
CLOTHING AND EQUIPMENT:
UNDERSTANDS THE IMPORTANCE OF
PERSONAL SAFETY EQUIPMENT
BOAT BUOYANCY
BASIC SAFETY EQUIPMENT EG ANCHOR, PADDLE, BAILER

OPTIMIST OR FEVA / RYA STAGE 4

PRACTICAL
RIGGING & LAUNCHING
CAN RIG IN ANY WIND DIRECTION
CAN LAUNCH IN ANY WIND DIRECTION
CAN RECOVER IN ANY WIND DIRECTION
CAN SET UP A BOAT ACCORDING TO WEATHER CONDITIONS USING SAIL AND RIG CONTROLS (MAST RAKE, REEFING ETC)
ROPEWORK – KNOWS THE USES AND CAN TIE:
FIGURE OF EIGHT
ROUND TURN AND TWO HALF HITCHES
REEF KNOT
BOWLINE
CLOVE HITCH
ROLLING HITCH
SHEET BEND
SAILING TECHNIQUES AND MANOEUVRES – CAN DEMONSTRATE:
SAILING TECHNIQUES AND MANOEUVRES FROM STAGE 3 IN A CREWED BOAT
COMMUNICATE EFFECTIVELY AS HELM AND CREW
EFFECTIVE USE OF THE FIVE ESSENTIALS BY HELM AND CREW AFLOAT INCLUDING USE OF TELL-TALES
RECOVERING A MAN-OVERBOARD
RETURNING TO A BEACH, JETTY OR MOORING SAFELY IN ANY WIND DIRECTION
SAILING BACKGROUND
HAS KNOWLEDGE OF:
IRPCS
BEAUFORT SCALE
SYNOPTIC CHARTS
TIDAL EBB AND FLOW
SPRING AND NEAP TIDES
HOW TO RECOVER FROM TOTAL INVERSION
COASTAL (OPTIONAL):
CAN APPLY PRACTICAL SAILING TECHNIQUES AND MANOEUVRES ON TIDAL WATER
CAN APPLY THE IRPCS AFLOAT
HAS BASIC KNOWLEDGE OF IALA BUOYAGE
HAS BASIC KNOWLEDGE OF HOW TO USE TIDE TABLES
HAS BASIC KNOWLEDGE OF HOW TO FIND THE DIRECTION OF TIDAL STREAMS