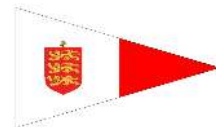


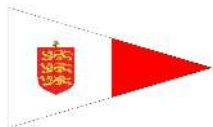
GUERNSEY YACHT CLUB



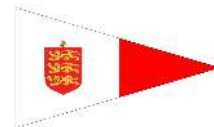
AB Marine Weekday Race and Lunch Series 2026

Sailing Instructions

1. Twelve races are scheduled for 2026; the dates of each race are in the GYC Yearbook and also listed in a schedule on the GYC Website www.gyc.org.gg by clicking on Racing – Documents.
2. Entry – entry is free and can be made by completing the online entry form, which can be found on the GYC Website www.gyc.org.gg by clicking on Racing – Documents. Unless the Club already has details of your boat, please complete as much information on the entry form as possible.
3. Start – races will be held in the morning, normally at 10.00 BST, but please check the schedule for the start time for each race. There will be no Race Officer on duty and no signals displayed, so boats will start themselves using GPS time. We will endeavour to provide a countdown by radio, so please listen out on VHF Ch 37 (M1).
4. Start and Finish Line – The start line will be the usual GYC line between the race hut mast on the Castle and Mark D (Distance Mark) to the East. The Finish line will be the same as the Start line. The direction of the start and finish will be announced as part of the Course. If Mark D is missing, we will use Mark U as the Outer Distance mark.
5. Course – the course will be announced on VHF Ch 37 (M1). Details of the race marks can be found in the GYC Yearbook pages 34 & 35. The marks will be announced in the order which they are to be rounded and whether they are to be left to Port or Starboard. Any changes to the course during racing will also be announced in the same manner.
6. The Finish - yachts shall take their own finishing times and submit this in writing at the Club after the race.
7. Sails - only White sails may be used ie. no spinnakers
8. Crew – there is no crew limitation, but in the spirit of this Series, it is not expected to see crew “hiking on the rail”.
9. Time Limit – the time limit is 2 hours. You must retire if you are still racing after 2 hours.
10. Lunch - All crews are encouraged to gather for lunch at the Club at 12.30 after each race (to go ahead even if the race is cancelled). We will require pre-orders for lunch, so please email Mercy on events@gyc.org.gg with numbers.



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11. **Rules** – Racing will be conducted under the Racing Rules of Sailing 2025-2028, **however we request that all yachts treat this as a fun event and leave plenty of room for other boats to manoeuvre, particularly when rounding marks.**

GYC Sailing Instructions 18.1 (Safety Regulations) and 27.1 (Insurance) apply. Details can be found on pages 31 and 33 of the GYC yearbook.

12. **Handicaps and Scoring** – the Series will be sailed using the Channel Island Handicap System (CIHS), which will be allocated to each boat by the Race Committee. The Low Point Scoring System of Appendix A will apply. **Seven races will count towards the overall series results.**

13. **Disclaimer of Liability and Risk Statement** - Competitors participate in the Event entirely at their own risk. RRS Fundamental Rule 3, Decision to Race, states that “The responsibility for a Boat’s decision to participate in a race or to continue racing is hers alone”. The Organising Authority will not accept any liability for any damage or personal injury or death sustained in conjunction with or prior to, during, or after the Event.

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the Race, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the Race;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, support boats and other officials and volunteers does not relieve them of their own responsibilities;
- f) The provision of support boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarize themselves with any risks specific to the venue or this race drawn to their attention in any rules and/or information produced for the venue or the Race and to attend any race and/or safety briefings held for the Race;
- h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;

13. **Questions** – please address any questions to Martin Ozard by email on ozard@cwgsy.net